



Your
WELLNESS PROJECT™

Organic Greens Booster

YOUR SHAKE'S POWER PARTNER



You may think you eat enough vegetables—but more than likely, you're wrong.

On average, Americans only get two servings of vegetables per day.

The USDA's Dietary Guidelines recommend adults eat anywhere from five to thirteen servings of fruits and vegetables per day depending on age, gender, physical activity, and overall health.

Most people don't get enough leafy greens, and drinking a green smoothie is a great way to get your greens without having to taste or chew them.

Fortunately, there is a product that can serve as a convenient way to consume a variety of nutrient-dense foods.

Just recently, Shaklee launched their newest product called Organic Greens Booster.



Organic Greens Booster

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*One cup of
organic vegetables
in every scoop*

Shaklee's new Organic Greens Booster

Shaklee's new Organic Greens Booster is a whole food supplement providing one cup of raw, organic, nutrient-rich green vegetables in every scoop, making it easy to get the vegetables often missed in meals.

Shaklee has developed this new product with identity-preserved sources, harvesting, production and packaging to provide us with a super-green product that exceeds the nutrients of what most of us can buy from an organic farm.

This is because most of the greens we buy from organic farms undergo an immediate reduction in nutrients, antioxidants, and phytonutrients from 10 - 40% after the first hour of harvesting!

They may look good at the salad bar or in your refrigerator but they are lacking in an unknown number of these essential nutrients identified in the lab using liquid and gas chromatography.

This power product contains:

Kale



Kale supplies your body with beta-carotene, vitamin K, vitamin C, calcium and fiber (that's the short list). It's also full of phytonutrients and antioxidants.

Cleansing, heart and lung-protecting, immunity-boosting, kale is the superstar of the super greens, and makes some pretty tasty smoothies if we do say so ourselves.

This power product contains:

Spinach



Spinach contains special protective carotenoid compounds that have been linked with decreasing the risk of many diseases, including cancer, heart disease, diabetes, neurodegenerative diseases, and obesity.

Spinach is among the best sources of vitamin K, nitric oxide precursors and folate.

Vitamin K is a nutrient necessary for blood clotting, and it can also protect against osteoporosis as well as inflammatory diseases. Folate is required for DNA replication and repair and can help prevent birth defects.

No wonder spinach is one of the most popular smoothie greens!

This power product contains:

Broccoli



Broccoli is rich in B-vitamins – nutrients that help the body convert food into energy and a recent study has shown that it provides powerful [protectors against cancer](#).

The good thing is you can be assured that these veggies are still in their purest form with all the fiber intact!

Other reasons Shaklee's new Organic Greens Booster is amazing:

- It delivers the phytonutrients lutein and zeaxanthin, along with other vitamins and minerals
- It supports eye, cardiovascular, and bone health
- It's only 10 calories per serving
- It's gluten-free, Vegan, Non-GMO, Star-K
- Every canister of this amazing product contains 30 servings

It is recommended that you **add one scoop** or more to your favorite **Life Energizing Shake** or other beverages and **try it in foods** such as soups, stews or pasta.

The possibilities are almost endless!

If you're looking for the most convenient and efficient way to boost the quantity and quality of your vegetable intake, Shaklee's Organic Greens Booster is the perfect product for you!

It's also a great way to “sneak” some greens into your kids’ favorite foods for a boost of phytonutrients. What’s not to love?